

AFFIRMATION HEALTH

“There is no physical body, no matter what the conditions, that cannot achieve an improved condition. Nothing else in your experience responds as quickly as your own physical body to your pattern of thought.” – Esther and Jerry Hicks

“Perfect Health is mine now”

“I am Free of _____”

“I see myself Able, Healthy, Energetic and Strong”

Life Lesson: There is an inner YOU and Outer YOU. Just as there is an outer world above ground and inner world below ground. Both worlds are connected and vital to the other's success. Health affirmations spoken 3X a day, form life changing seeds into your inner world. The fruit of these seeds produce, harmony, health, and vitality to your outer physical body. You are made Whole from within. These affirmations work wonders to expel ANY physical conditions in the body.



For more information visit www.genysuslife.com